

# Cheerleading

## Barrington Youth Football Cheerleading

Ages: Grades 3-8

Now you can try cheerleading in a no-stress environment! Barrington Park District offers a no-cut program for those entering grades 3-8. Come out and cheer for the Barrington Youth Football "Little" Broncos team this fall. You'll learn cheers and mounts, meet new friends, get exercise and, most importantly, have fun!

### PRACTICES & GAME INFORMATION

Games are scheduled on Sundays for the months of September and October. We will be cheering at home games only; all games are held at BHS or Ron Beese Park. Schedules of games are not determined until late August. When school begins, practices will be on Thursdays at Langendorf Park from 5:00-6:30pm. There will be a mini camp on August 16-19 from 10:00am-2:00pm to prepare for the season and Pep Rally! There is a mandatory parent meeting on August 17 at 10:15am during the mini camp. More information will be given out at registration. (Min/Max: 6/16 per squad).

### REGISTRATION & FEES

Early Bird Registration is accepted from December 2009-May 2010. Regular Registration will be in the Summer brochure and will be accepted June 2010-August 2010. Register early, there a limited amount of spots per squad. *Please remember to include age, grade, t-shirt size of the participant and a parent's email and cell phone on the registration form.*

In addition to the registration fee, there is a \$60 uniform deposit that must be paid by separate check from the registration fee. Uniform deposit money is not due until the first day of mini-camp on 8/16. When you register, we accept cash, check or credit card for registration fees; however, only checks are accepted for the uniform deposit (made payable to BPD). When you return your uniform at the end of the season in the same condition it was received, your deposit check will be given back to you.

You may also order an optional sweatshirt for \$25. Sweatshirts are available for viewing at registration. All orders must be placed by August 20, 2010. Any questions please call Kim Sweeney at 847-304-5294 or e-mail KSweeney@barringtonparkdistrict.org  
 Fee: \$160/\$180 (Early Bird); \$170/\$190 (Regular)  
 Location: F&RC-Gym A

Actv.# 105357

	Sec.#	Practice Day & Dates	Time
Grade 3	01	Thur. 8/26-10/28	5:00-6:30pm
Grade 4	02	Thur. 8/26-10/28	5:00-6:30pm
Grade 5/6	03	Thur. 8/26-10/28	5:00-6:30pm
Grade 7	04	Thur. 8/26-10/28	5:00-6:30pm

\*All games are held on Sundays.

### BYF CHEERLEADING SCHEDULE AT A GLANCE

Dec. 09-May 2010	Early Bird Registration
June-August 2010	Regular Registration
August 16-19	Mini Camp
August 17	Parent Meeting
August 26	First Day of Practice
August 26	BHS Pep Rally
October 2	Homecoming Parade (tentative)
November 14	Banquet



Register during BYF Registration on April 17 and receive \$10 off!



## Little Broncettes: Poms, Dance and Cheer Camp

*Ages: Grades 1–5*

Girls, join us this summer to work with counselors who are both college cheerleaders and dance team members! This camp is a great opportunity to learn dance techniques, cheers, and have lots of fun! Participants will learn proper stretching and warm-up techniques, hip hop, jazz, lyrical, and pom techniques, dance routines, and tips on performing. There will be a final performance the last day of camp for parents, friends, and family to come and watch. Don't forget the video camera! Girls must wear flat-bottom shoes (Keds), shorts, and a T-shirt each day. Participants will receive a T-shirt. *Please send your child with a water bottle and lunch each day.* Min/Max: (8/16).

**Fee:** \$210/\$262 (2 wks. Reduced fee week of 7/5; see below)

**Location:** BPD–Children's Preschool Workshop

Actv.#	Sec.#	Day	Date	Time
<b>205412</b>	01	M–F	6/14–6/25	9:15am–1:15pm
	02	M–F	6/28–7/9	9:15am–1:15pm
			<i>Session 02 only: Fee \$189/\$235</i>	
	03	M–F	7/12–7/23	9:15am–1:15pm
	04	M–F	7/26–8/6	9:15am–1:15pm

## Summer Cheer/Dance NEW! Workshop

*Ages: Grades K–8 (See below)*

Join veteran NBA cheer captain Naledi Sesinyi in this great workshop for the new cheerleader or the classically trained young dancer. Every girl who signs up already has a light shining inside... our goal to keep it bright by focusing on the performance elements of cheer: etiquette, image, presence, team player, personality, self-esteem, choreography, physical health benefits of movement, and fun! Girls will be divided into groups to perform routines, and there will be prizes for the best three groups judged on all performance elements of cheer. Each workshop is new and different! (Min/Max: 10/16). Instructor: Naledi Sesinyi, former Chicago Bulls Luvabull.

**Fee:** \$36/\$45

**Location:** F&RC–Dance Studio

Actv.#	Sec.#	Day	Date	Time
<b>205251</b>				
Ages K–2	01	Sat.	6/26	1:00–3:00pm
Ages 3–8	02	Sat.	7/17	1:00–3:00pm
Ages 3–8	03	Sat.	8/14	1:00–3:00pm

## Tiny Cheers

*Ages: Grades K–2*

Can't wait to start cheering? Tiny Cheers is for you! The BPD's no-cut cheerleading program for grades K–2 coincides with BYF Cheerleading, but girls will be cheering for the youth flag football teams and participating in the BHS Homecoming Parade. This is a great opportunity to learn cheers and mounts as well as meet new friends, feel a sense of accomplishment, get exercise and, most importantly, have fun!

### INFORMATION, REGISTRATION & FEES

Participants will cheer at Lake Barrington Field House for a total of 2–3 games on Saturdays or Sundays during the months of September and October. Schedules will be provided at the first practice in August. Practices will be held on Thursdays inside the F&RC Gym from 5:15–6:15pm. Girls will be able to participate in the BHS Homecoming parade. Uniforms consisting of a skort, shirt, and scrunchy; girls receive a T-shirt and have a pizza party during the last practice. You may also order an optional sweatshirt for \$25. Sweatshirts are available for viewing at registration. All orders must be placed by August 20, 2010. (Min/Max: 8/12). Instructor: BPD Staff.

**Fee:** \$92/\$115 (7 wks)

**Location:** F&RC–Gym

Actv.#	Sec.#	Day	Date	Time
<b>205254</b>				
Entering K	01	Thur.	9/2–10/14	5:15–6:15pm
Entering Gr. 1	02	Thur.	9/2–10/14	5:15–6:15pm
Entering Gr. 2	03	Thur.	9/2–10/14	5:15–6:15pm

*\*Game times will be announced at the first practice.*