

AGES 4-10+

Tennis

BY FRANK SACKS

No classes on July 3 and 4

Frank Sacks Tennis Camps, Inc.

QUICK START YOUTH TENNIS FOUR-WEEK CAMPS

Location: Citizens Park



SESSION I (JUNE 14-JULY 8; Four weeks)

Actv.# 204313

Level	Sec.#	Day	Time	Fee
Pee Wee (Ages 4-6)	01	Mon./Wed.	9:00-10:00am	\$112/\$140
	02	Mon./Wed.	2:00-3:00pm	\$112/\$140
	03	Tue./Thur.	9:00-10:00am	\$112/\$140
	04	Tue./Thur.	2:00-3:00pm	\$112/\$140
Beginner Ages 7-9	05	Mon./Wed.	10:00-11:00am	\$112/\$140
	06	Mon./Wed.	3:00-4:00pm	\$112/\$140
	07	Tue./Thur.	10:00-11:00am	\$112/\$140
	08	Tue./Thur.	3:00-4:00pm	\$112/\$140
Beg./Adv. Beg. (Ages 10+)	09	Mon./Wed.	11:00am-12:00pm	\$112/\$140
	10	Mon./Wed.	4:00-5:00pm	\$112/\$140
	11	Tue./Thur.	11:00am-12:00pm	\$112/\$140
	12	Tue./Thur.	4:00-5:00pm	\$112/\$140
Adv. Beg.-Int. (Ages 10+)	13	Mon./Wed.	12:00-1:00pm	\$112/\$140
	14	Tue./Thur.	12:00-1:00pm	\$112/\$140
	15	Mon./Wed.	5:00-6:00pm	\$112/\$140
	16	Tue./Thur.	5:00-6:00pm	\$112/\$140

SESSION II (JULY 12-AUGUST 5; Four weeks)

Actv.# 204313

Level	Sec.#	Day	Time	Fee
Pee Wee (Ages 4-6)	17	Mon./Wed.	9:00-10:00am	\$112/\$140
	18	Mon./Wed.	2:00-3:00pm	\$112/\$140
	19	Tue./Thur.	9:00-10:00am	\$112/\$140
	20	Tue./Thur.	2:00-3:00pm	\$112/\$140
Beginner Ages 7-9	21	Mon./Wed.	10:00-11:00am	\$112/\$140
	22	Mon./Wed.	3:00-4:00pm	\$112/\$140
	23	Tue./Thur.	10:00-11:00am	\$112/\$140
	24	Tue./Thur.	3:00-4:00pm	\$112/\$140
Beg./Adv. Beg. (Ages 10+)	25	Mon./Wed.	11:00am-12:00pm	\$112/\$140
	26	Mon./Wed.	4:00-5:00pm	\$112/\$140
	27	Tue./Thur.	11:00am-12:00pm	\$112/\$140
	28	Tue./Thur.	4:00-5:00pm	\$112/\$140
Adv. Beg.-Int. (Ages 10+)	29	Mon./Wed.	12:00-1:00pm	\$112/\$140
	30	Tue./Thur.	12:00-1:00pm	\$112/\$140
	31	Mon./Wed.	5:00-6:00 pm	\$112/\$140
	32	Tue./Thur.	5:00-6:00 pm	\$112/\$140

2010 JR. TENNIS CAMPS

(NTRP BEGINNER 1.0 - INTERMEDIATE 3.4; AGES 7-17)

This popular program gives students the opportunity to progress in tennis at a much faster rate than in the regular lesson setting. We cover stroke production, singles and doubles strategy, conditioning, and sportsmanship. All players receive an individualized player profile and a camp T shirt.

Actv.#	Sec.#	Day	Date	Time	Fee
204431	01	Mon.-Thur.	6/14-6/24	9:00am-12:00pm	\$335/\$418
	02	Mon.-Thur.	6/14-6/24	4:00-6:00pm	\$224/\$280
	03	Mon.-Thur.	6/28-7/08	9:00am-12:00pm	\$335/\$418
	04	Mon.-Thur.	6/28-7/08	4:00-6:00pm	\$224/\$280
	05	Mon.-Thur.	7/12-7/22	9:00am-12:00pm	\$335/\$418
	06	Mon.-Thur.	7/12-7/22	4:00-6:00pm	\$224/\$280
	07	Mon.-Thur.	7/26-8/5	9:00am-12:00pm	\$335/\$418
	08	Mon.-Thur.	7/26-8/5	4:00-6:00pm	\$224/\$280
	09	Mon.-Thur.	8/9-8/19	9:00am-12:00pm	\$335/\$418
	10	Mon.-Thur.	8/9-8/19	4:00-6:00pm	\$224/\$280
	11	Sat.-Sun.	6/1-6/20	9:00am-12:00pm	\$89/\$111
	12	Sat.-Sun.	7/17-7/18	9:00am-12:00pm	\$89/\$111

QUICK START YOUTH TENNIS TWO-WEEK CAMPS

Location: Citizen's Park

June 14-24 (2 weeks; Monday-Thursday) Fee: \$112/\$140

Actv.# 204315

Level	Sec.#	Day	Time
Pee Wee (Ages 4-6)	01	Mon.-Thur.	2:00-3:00pm
Beginner (Ages 7-9)	02	Mon.-Thur.	3:00-4:00pm
Beg./Adv. Beg. (Ages 10+)	03	Mon.-Thur.	12:00-1:00pm
Adv. Beg.-Int. (Ages 12+)	04	Mon.-Thur.	12:00-1:00pm

June 28-July 8 (2 weeks; Monday-Thursday) Fee: \$112/\$140

Actv.# 204315

Level	Sec.#	Day	Time
Pee Wee (Ages 4-6)	05	Mon.-Thur.	2:00-3:00pm
Beginner (Ages 7-9)	06	Mon.-Thur.	3:00-4:00pm
Beg./Adv. Beg. (Ages 10+)	07	Mon.-Thur.	12:00-1:00pm
Adv. Beg.-Int. (Ages 12+)	08	Mon.-Thur.	12:00-1:00pm

July 12-July 22 (2 weeks; Monday-Thursday) Fee: \$112/\$140

Actv.# 204315

Level	Sec.#	Day	Time
Pee Wee (Ages 4-6)	09	Mon.-Thur.	2:00-3:00pm
Beginner (Ages 7-9)	10	Mon.-Thur.	3:00-4:00pm
Beg./Adv. Beg. (Ages 10+)	11	Mon.-Thur.	12:00-1:00pm
Adv. Beg.-Int. (Ages 12+)	12	Mon.-Thur.	12:00-1:00pm

July 26-August 5 (2 weeks; Monday-Thursday) Fee: \$112/\$140

Actv.# 204315

Level	Sec.#	Day	Time
Pee Wee (Ages 4-6)	13	Mon.-Thur.	2:00-3:00pm
Beginner (Ages 7-9)	14	Mon.-Thur.	3:00-4:00pm
Beg./Adv. Beg. (Ages 10+)	15	Mon.-Thur.	12:00-1:00pm
Adv. Beg.-Int. (Ages 12+)	16	Mon.-Thur.	12:00-1:00pm

August 9-August 19 (2 weeks; Monday-Thursday) Fee: \$112/\$140

Actv.# 204315

Level	Sec.#	Day	Time
Pee Wee (Ages 4-6)	17	Mon.-Thur.	9:00-10:00am
Beginner (Ages 7-9)	18	Mon.-Thur.	2:00-3:00pm
	19	Mon.-Thur.	10:00-11:00am
	20	Mon.-Thur.	3:00-4:00pm
Beg./Adv. Beg. (Ages 10+)	21	Mon.-Thur.	11:00am-12:00pm
	22	Mon.-Thur.	12:00-1:00pm
	23	Mon.-Thur.	4:00-5:00pm
Adv. Beg.-Int. (Ages 12+)	24	Mon.-Thur.	12:00-1:00pm
	25	Mon.-Thur.	5:00-6:00pm

2010 QUICK START YOUTH WEEKEND PROGRAMS

Location: Sonoma Park, Lake Zurich

NEW!

June 19-August 7 Fee: \$112 /\$140

Actv.# 204381

Level	Sec.#	Day	Time
Parent/Child (Ages 3-5)	01	Sat.	1:00-2:00pm
Pee Wee (Ages 4-6)	02	Sat.	1:00-2:00pm
Beginner (Ages 7-9)	03	Sat.	2:00-3:00pm
Beg./Adv. Beg. (Ages 10+)	04	Sat.	3:00-4:00pm
Adv. Beg./Int. (Ages 10+)	05	Sat.	3:00-4:00pm

2010 QUICK START ADULT PROGRAMS: AGES 16+

Location: Citizens Park

Session 1: Adult Quick Start Tennis Programs**Actv.# 204618**

Level	Sec.#	Day	Date	Time	Fee
Beg.-Adv. Beg.	01	Mon.	6/14-7/12	1:00-2:30pm	\$105/\$131
Beg./Adv. Beg.	02	Tue.	6/15-7/13	7:00-8:30pm	\$105/\$131
Adv. Beg.- Int. 1	03	Mon.	6/14-7/12	6:00-7:30pm	\$105/\$131
Int. 1-Int. 2.	04	Tue.	6/15-7/13	8:30-10:00pm	\$105/\$131
Int. 2-Int. 3	05	Mon.	6/14-7/12	7:30-9:00pm	\$105/\$131
Int. 2-Int. 3	06	Wed.	6/16-7/14	1:00-2:30pm	\$105/\$131
Int. 2-Int. 3	07	Thur.	6/17-7/15	6:30-8:00pm	\$105/\$131
Int. 4-Adv.	08	Thur.	6/17-7/15	8:00-9:30pm	\$105/\$131
Cardio Tennis	09	Tue.	6/15-7/13	6:00-7:00pm	\$72/\$90
Cardio Tennis	10	Thur.	6/17-7/15	8:00-9:00am	\$72/\$90

Session 2: Adult Quick Start Tennis Programs**Actv.# 204618**

Level	Sec.#	Day	Date	Time	Fee
Beg.-Adv. Beg.	11	Mon.	7/19-8/16	1:00-2:30pm	\$105/\$131
Beg./Adv. Beg.	12	Tue.	7/20-8/17	7:00-8:30pm	\$105/\$131
Adv. Beg.- Int. 1	13	Mon.	7/19-8/16	6:00-7:30pm	\$105/\$131
Int. 1-Int. 2.	14	Tue.	7/20-8/17	8:30-10:00pm	\$105/\$131
Int. 2-Int. 3	15	Mon.	7/19-8/16	7:30-9:00pm	\$105/\$131
Int. 2-Int. 3	16	Wed.	7/21-8/18	1:00-2:30pm	\$105/\$131
Int. 2-Int. 3	17	Thur.	7/22-8/19	6:30-8:00pm	\$105/\$131
Int. 4-Adv.	18	Thur.	7/22-8/19	8:00-9:30pm	\$105/\$131
Cardio Tennis	19	Tue.	7/20-8/17	6:00-7:00pm	\$72/\$90
Cardio Tennis	20	Thur.	7/22-8/19	8:00-9:00am	\$72/\$90

USA YOUTH TEAM TENNIS LEAGUES: Ages 6-17

This program provides youth the opportunity to test their skills and experience the fun of tennis games and friendly competition. Tennis games included are Quick Start Tennis, Rally ball and mini-tennis for ages 6-8 and singles and doubles match play for ages 9 and above.

This is a great opportunity for youth in our lesson program to supplement their learning, gain tennis experience, and have fun. *This program is free to all students enrolled in our junior tennis camp program during the session enrolled.* (Min./Max: 6/24).

Location: Citizens Park

Actv.# 204346

Age	Sec.#	Day	Date	Time	Fee
6-9 (all levels)	01	Fri.	6/25-8/6	1:00-3:00pm	\$99/\$123
10+ (all levels)	02	Fri.	6/25-8/6	1:00-3:00pm	\$99/\$123

*No class 7/3

2010 FRANK SACKS TEAM TRAINING TENNIS CAMP**Ages 12-18; Inter. (NTRP 3.5) to Adv. (NTRP 5.0 and above)**

This two-week camp is for high school tennis players and aspiring high school players. We work on stroke production, singles and doubles strategy, conditioning, sportsmanship, footwork, shot selection, mental training, and match play. Students will be encouraged to compete in local CDTA tournaments and Friday team matches with other clubs and camps. A camp T-shirt and individualized player profile and tennis game analysis are included in the fee. Approval of the director is required for entrance into this program!

Location: Citizens Park

Actv.# 204432

Sec#	Dates	Days	Fee (2 weeks)
01	6/14-6/24	Mon.-Thur.	\$224/\$280
02	6/28-7/8	Mon.-Thur.	\$224/\$280
03	7/12-7/22	Mon.-Thur.	\$224/\$280
04	7/26-8/5	Mon.-Thur.	\$224/\$280
05	8/9-8/19	Mon.-Thur.	\$224/\$280

ADULT CARDIO TENNIS: AGES 16+

Join the Cardio Tennis craze.

This program provides an excellent cardio-vascular workout using music, tennis drills, and fitness related warm-up and cool-down exercises.

Fee: \$116/\$145

Location: Sonoma Park, Lake Zurich

Actv.# 204600

Sec.#	Day	Dates	Time
01	Sat.	6/12-8/7	8:00-9:00am

ADULT TENNIS CAMPS (NTRP 2.0 -5.0)

Our adult camps are patterned after famous resort programs without the high cost. The camps are designed for almost all levels above beginner to help improve and develop your strokes. Instruction includes stroke development, footwork, cooperative consistency drills and competitive play action drills and controlled match play. Saturday session will focus on ground strokes, serve, return of serve, approach shots and singles strategy. Sunday session will concentrate on volleys, serve, and return of serve, lob, overhead and doubles strategy. Make a commitment to yourself towards improving your tennis game!

Location: Citizens Park

Actv.# 204616

Sec.#	Day	Dates	Time	Fee
01	Fri.	6/18-7/16	10:00am-12:00pm	\$149/\$186
02	Sat./Sun.	6/19-6/20	9:00am-12:00pm	\$89/\$111
03	Sat./Sun.	7/17-7/18	9:00am-12:00pm	\$89/\$111
04	Fri.	7/23-8/20	10:00am-12:00pm	\$149/\$186

PRIVATE AND SEMI-PRIVATE TENNIS LESSONS

Private and semi-private tennis instruction is the ultimate way to improve your tennis skills and accelerate your progress in tennis. Our experienced staff of USPTA/PTR tennis professionals are helpful, knowledgeable, and caring and are selected and trained by Barrington Tennis Director Frank Sacks, USPTR/PTR. Frank will help you help you find the proper instructor to meet your individual needs and goals. Private lesson fees include are well below the cost of similar lessons at private clubs and resorts. Private and semi-private lesson fees listed below are total fees due. For example, the four person semi-private lesson \$335 includes 5-one hour lessons for 4 people and includes court time. Sign up early to reserve the best times available; all times are arranged with instructor.

PRIVATE INSTRUCTION (All ages and levels)

Location: Citizens Park

Actv.# 204393

Sec. #	Length	Fee
01	1 hour	\$55/\$68
02	5-hour package	\$249/311

SEMI-PRIVATE INSTRUCTION (All ages and levels)

Location: Citizen's Park

Actv.# 204393

Sec#	# in group	Length	Group Fee
03	2	1 hour	\$60/\$75
04	2	5- hour package	\$275/\$343
05	3	1 hour	\$66/\$82
06	3	5- hour package	\$305/\$381
07	4	1 hour	\$72/\$90
08	4	5- hour package	\$335/\$418

For class descriptions and more information: Please contact Frank Sacks, USPTA/PTR, Frank Sacks Tennis Camps, Inc. at (847) 933-0002 or online at www.franksackstennis.com

All summer tennis students will receive one copy per family of a great new book, *The Family Guide to Tennis*, by Kris L. Milligan, PTR.