

Tennis

Frank Sacks Tennis Camps, Inc.

Spring is here and it's time to get outside and into action! Improve your tennis game with Frank Sacks and his handpicked instructional staff. Frank Sacks Tennis Camps, Inc. has provided quality, professional tennis programs for north and north-west suburban communities for more than 30 years. Join the more than 5,000 tennis players each year who improve their tennis strokes and skills while experiencing fun and excitement in Frank Sacks' Tennis Camp programs each year. "Be a winner with Frank."

For more information, please contact Frank Sacks, Frank Sacks Tennis Camps, Inc. at (847) 933-0002 or www.frank-sackstennis.com.



2010 Spring Junior Tennis Camps

SPRING OUTDOOR SESSION: Apr. 17 to June 5 (See dates below)

Fees: \$189/\$236 (7 wks); Location: Citizens Park

Activity# 104431	Section #	Day	Dates	Time
Junior Camp I	01 (Ages 8+)	Sat.	4/17-6/5	1:00-3:00pm
Junior Camp II	02 (Ages 10+)	Sat.	4/17-6/5	1:00-3:00pm
Junior Camp I & II	05 (Ages 8+)	Thurs.	4/22-5/27	5:00-7:00pm
Tourn. Training	03 (Ages 12+)	Sat.	4/17-6/5	3:00-5:00pm
H.S. Tourn. Training	04 (Ages 14+)	Sat.	4/17-6/5	3:00-5:00pm

YOUTH: Quick Start Tennis Programs

YOUTH WINTER INDOOR SESSION 1: January to February

Fees: See Below; Location: F&RC-Gym

Activity# 104314	Section#	Day	Dates	Time
Parent/Child: \$98/\$123	01 (Ages 4-5)	Sat.	1/9-2/20	10:00-11:00am
	02 (Ages 4-5)	Tue.	1/12-2/23	4:00-5:00pm
Pee Wee & Pee Wee II: \$98/\$123	03 (Ages 5-6)	Sat.	1/9-2/20	10:00-11:00am
	04 (Ages 5-6)	Tue.	1/12-2/23	4:00-5:00pm
	05 (Ages 5-7)	Wed.	1/13-2/24	3:30-4:30pm
Beginner: \$98/\$123	06 (Ages 7-9)	Sat.	1/9-2/20	11:00am-12:00pm
	07 (Ages 7-9)	Tue.	1/12-2/23	5:00-6:00pm
Beg./Adv. Beg.: \$98/\$123	08 (Ages 10+)	Sat.	1/9-2/20	12:00-1:00pm
	09 (Ages 10+)	Tue.	1/12-2/23	6:00-7:00pm
	10 (Ages 10+)	Sat.	1/9-2/20	12:00-1:00pm
	11 (Ages 8-12)	Wed.	1/13-2/24	4:30-5:30pm
	12 (Ages 10+)	Wed.	1/13-2/24	5:30-6:30pm
Adv. Beg./Int.: \$98/\$123	13 (Ages 10+)	Sat.	1/9-2/20	1:00-2:30pm
	14 (Ages 12+)	Sat.	1/9-2/20	2:30-4:00pm

YOUTH WINTER/SPRING INDOOR SESSION 2: February to April

Fees: See Below; Location: F&RC-Gym

Activity# 104314	Section#	Day	Dates	Time
Parent/Child: \$98/\$123	15 (Ages 4-5)	Sat.	2/27-4/10	10:00-11:00am
	16 (Ages 3-5)	Tue.	3/2-4/13	4:00-5:00pm
Pee Wee: \$98/\$123	17 (Ages 5-6)	Sat.	2/27-4/10	10:00-11:00am
	18 (Ages 4-6)	Tue.	3/2-4/13	4:00-5:00pm
	19 (Ages 5-7)	Wed.	3/3-4/14	3:30-4:30pm
Beginner: \$98/\$123	20 (Ages 7-9)	Sat.	2/27-4/10	11:00am-12:00pm
	21 (Ages 7-10)	Tue.	3/2-4/13	5:00-6:00pm
Beg./Adv. Beg.: \$98/\$123	22 (Ages 10+)	Sat.	2/27-4/10	12:00-1:00pm
	23 (Ages 10+)	Tue.	3/2-4/13	6:00-7:00pm
	24 (Ages 8-12)	Wed.	3/3-4/14	4:30-5:30pm
Adv. Beg./Int.: \$98/\$123	25 (Ages 10+)	Sat.	2/27-4/10	12:00-1:00pm
	26 (Ages 10+)	Wed.	3/3-4/14	5:30-6:30pm
Jr. Camp 1-2: \$144/\$180	27 (Ages 10+)	Sat.	2/27-4/10	1:00-2:30pm
	28 (Ages 12+)	Sat.	2/27-4/10	2:30-4:00pm

YOUTH SPRING/SUMMER OUTDOOR SESSION 3: April to June

Fees: See Below; Location: Sonoma Park, 560 Orchard Pond Dr.

Activity# 104313	Section#	Day	Dates	Time
Parent/Child: \$98/\$123	01 (Ages 4-5)	Sat.	4/17-6/5	3:00-4:00pm
Pee Wee: \$98/\$123	02 (Ages 4-6)	Sat.	4/17-6/5	3:00-4:00pm
Beginner: \$98/\$123	03 (Ages 7-10)	Sat.	4/17-6/5	4:00-5:00pm
Beg./Adv. Beg.: \$98/\$123	04 (Ages 10+)	Sat.	4/17-6/5	5:00-6:00pm
Adv. Beg./Int.: \$98/\$123	05 (Ages 12+)	Sat.	4/17-6/5	5:00-6:00pm

2010 Spring USA 1-2-3 Youth Tennis Programs

SPRING OUTDOOR SESSION: Apr. 17 to June 5 (See dates below)

Fees: Saturday classes are \$98/\$123 (7 wks); all other days are \$84/\$105 (6 wks)

Location: Citizens Park

Activity# 104331	Section #	Day	Dates	Time
Parent/Child	01 (Ages 3-5)	Sat.	4/17-6/5	12:00-1:00pm
	06 (Ages 3-5)	Tue.	4/20-5/25	4:00-5:00pm
Pee Wee	02 (Ages 4-6)	Sat.	4/17-6/5	12:00-1:00pm
	07 (Ages 4-6)	Tue.	4/20-5/25	4:00-5:00pm
	10 (Ages 5-7)	Thur.	4/22-5/27	4:00-5:00pm
Beginner	03 (Ages 7-10)	Sat.	4/17-6/5	1:00pm-2:00pm
	08 (Ages 7-10)	Tue.	4/20-5/25	5:00-6:00pm
Beg./Adv. Beg.	04 (Ages 10+)	Sat.	4/17-6/5	1:00-2:00pm
	09 (Ages 10+)	Tue.	4/20-5/25	6:00-7:00pm
	11 (Ages 8-12)	Thur.	4/22-5/27	5:00-6:00pm
Adv. Beg./Int.	05 (Ages 10+)	Sat.	4/17-6/5	3:00-4:00pm
	12 (Ages 10+)	Thur.	4/22-5/27	6:00-7:00pm



ADULTS: Quick Start Tennis Programs (ages 17 and up)

ADULT WINTER/SPRING INDOOR SESSION 1: January to February

Fees: See Below; Location: F&RC-Gym

Activity# 104618	Section#	Day	Dates	Time
NEW! Cardio Tennis: \$98/\$123	01	Sat.	1/9-2/20	9:00-10:00am
	02	Thur.	1/14-2/25	12:30-1:30pm
Beg./Adv. Beg.: \$144/\$180	03	Sat.	1/9-2/20	4:00-5:30pm
	04	Tue.	1/12-2/23	7:00-8:30pm
Adv. Beg./Int. 1: \$144/\$180	05	Tue.	1/12-2/23	1:30-3:00pm
	06	Thur.	1/14-2/25	11:00am-12:30pm
Int. 1/Int. 2: \$144/\$180 (Stroke Development)	07	Sat.	1/9-2/20	4:00-5:30pm
	08	Tue.	1/12-2/23	8:30-10:00pm
Int. 2/Int. 3: \$144/\$180 (Drill & Play)	09	Thur.	1/14-2/25	9:30-11:00am

ADULT WINTER/SPRING INDOOR SESSION 2: February to April

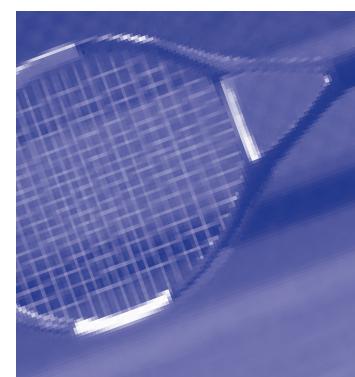
Fees: See Below; Location: F&RC-Gym

Activity# 104618	Section#	Day	Dates	Time
NEW! Cardio Tennis: \$98/\$123	10	Sat.	2/27-4/10	9:00-10:00am
	11	Thur.	3/14-4/15	12:30-1:30pm
Beg./Adv. Beg.: \$144/\$180	12	Sat.	2/27-4/10	4:00-5:30pm
	13	Tue.	3/2-4/13	7:00-8:30pm
Adv. Beg./Int. 1: \$144/\$180	14	Tue.	3/2-4/13	1:30-3:00pm
	15	Thur.	3/14-4/15	11:00am-12:30pm
Int. 1/Int. 2: \$144/\$180 (Stroke Development)	16	Sat.	2/27-4/10	4:00-5:30pm
	17	Tue.	3/2-4/13	8:30-10:00pm
Int. 2/Int. 3: \$144/\$180 (Drill & Play)	18	Thur.	3/14-4/15	9:30-11:00am

ADULT SPRING OUTDOOR SESSION 3: April to June

Fees: See Below; Location: Citizens Park

Activity# 104614	Section#	Day	Dates	Time
NEW! Cardio Tennis: \$98/\$103	01	Sat.	4/17-6/5	11:00am-12:00pm
	02	Tue.	4/20-5/25	1:00-2:30pm
Beg./Adv. Beg.: \$124/\$129	03	Tue.	4/20-5/25	7:00-8:30pm
	04	Sat.	4/17-6/5	5:00-6:30pm
Adv. Beg./Int. 1: \$144/\$149	05	Thur.	4/22-5/27	9:30-11:00am
	06	Thur.	4/22-5/27	7:00-8:30pm
Int. 1/Int. 2: \$144/\$149 (Stroke Development)	07	Sat.	4/17-6/5	10:30am-12:00pm
	08	Tue.	4/20-5/25	8:30-10:00pm
Int. 2/Int. 3: \$124/\$129 (Drill & Play)	09	Tue.	4/20-5/25	2:30-4:00pm
	10	Thur.	4/22-5/27	11:00am-12:30pm
Int. 3/Int. 4: \$144/\$149	11	Sat.	4/17-6/5	10:30am-12:00pm
	12	Thur.	4/22-5/27	8:30-10:00pm



QUICK START TENNIS PROGRAMS: YOUTH & ADULT

Quick Start Tennis is a new program that is provided in cooperation with the United States Tennis Association (USTA). This program was originally designed for ages 4-10 to help develop the skills utilizing smaller-sized rackets, low compression tennis balls, and smaller court sizes. But because this program develops proper skills and is great fun for all ages, Frank Sacks has adapted this program to be extended to all ability and age groups including adults.