

Participant & Staff Guide

COVID-19 Return to Program Matrix

If you have...	Days at Home	Testing	Return to Program	Other Requirements
Tested positive regardless of vaccination status.	5 days starting the day after the positive test (Day 0) or onset of symptoms.	N/A	Day 6 providing symptoms are gone.	Wear a well-fitting mask.
Been exposed, are unvaccinated and asymptomatic.	Quarantine for 5 days.	Required if participant/staff develops symptoms (see symptoms below).	Day 6 if asymptomatic and negative test.	Wear a well-fitting mask.
Been exposed but are vaccinated and asymptomatic (must provide proof of vaccination status).	No quarantine necessary.	Required if participant/staff become symptomatic (see symptoms below). Required if participant/staff does not develop symptoms it is recommended to test between days 5 - 7.	Immediately.	Wear a well-fitting mask. If symptoms begin or a positive test is received, follow "tested positive" procedure above.
Developed symptoms no matter your vaccination status or exposure.	Varies based on test results and symptom duration.	STAY HOME! Get tested immediately and isolate until participant/staff receives test results. If test is positive follow "tested positive" procedures above.	Participant/staff has been fever free and healthy for 24 hours, symptoms have resolved, received a negative test and results shared with the Park District (at home tests do not qualify).	Wear a well-fitting mask.

This matrix is a guide or reference for staff and participants to return to programming/work. However, for final decision regarding individual cases please contact the Supt. of Recreation at jkrause@barringtonparkdistrict.org as all situations are evaluated on a case by case basis.
Matrix can change without notice depending on CDC, IDPH, LCHD, PDRMA or Park District guidelines.

Vaccinated: participants are considered fully vaccinated 2 weeks following their final dose (2 shots for Moderna and Pfizer and 1 shot for Johnson & Johnson)

Exposure: close contact is defined as being within 6' of an individual who tested positive for COVID-19 for 15-minutes or more with a 24-hour time period.

Symptoms: cough, shortness of breath or difficulty breathing, fever, chills, muscle pain, sore throat, and/or new loss of taste or smell.

Please visit the K.E.E.P. website page for the K.E.E.P. COVID-19 Return to Program Matrix.